



Associated Students

Resolution |

TO board
OCT 19

Author: **Jacob Duarte** Signature: Jacob Duarte
Co-Author: Hugo Bulcher Signature: [Signature]
Subject: **Mental Health Survey and Data** Date: 9-11-19
Compilation

Whereas: In a national survey conducted from 2016-2017 a total of 39 percent of college students surveyed experiencing symptoms of depression and anxiety, according to a Healthy Minds Study published in an article by former United States Secretary of Health and Human Services, Sylvia Mathews Burwell, titled Generation Stress: "The Mental Health Crisis on Campus"

Whereas: There are an increasing number of college students seeking help for mental health concerns according to the Center for Collegiate Mental Health, and has led to 34 percent of college mental health counseling centers putting students on waitlists according to the Association for University and College Counseling Directors, and emphasizing that students between the ages of 18-24 comprise of 56 percent of students attending public two-year institutions, research shows that nearly three-fourths of all lifetime psychiatric disorders occur by age 24.

Whereas: The connection between mental health and academic success is substantial, and students with mental health problems, such as depression, are outstanding predictors of lower GPA and higher probability of dropping out of college

Whereas: Associated Students of Mt. Sac Student requests that the college develop a mental health survey in conjunction with the office of institutional research, or an equivalent department, to develop a report of compiled statistics to further evaluate the impact of mental health on students' retention rate, transfer rate, and GPA; in an attempt to combat the epidemic and to set a strong foundation for future resolutions requesting funding and resources be appropriated for mental health services on campus.

Therefore: Be it resolved, that the A.S. Senate, the A.S. Executive Board, and the A.S. President approve Mental Health Survey and Data Compilation.

A.S. Senate			
For: _____	Against: <u>UNANIMOUS</u>	Abstain: _____	Date: <u>9/24/19</u>
A.S. Executive Board			
For: _____	Against: <u>UNANIMOUS</u>	Abstain: _____	Date: <u>9/24/19</u>
A.S. President			
<input checked="" type="checkbox"/> Approve	<input type="checkbox"/> Veto	Signature: <u>[Signature]</u>	Date: <u>10/3/19</u>

w/ specifications
to present
to board

Sources:

Burwell, Syliva Mathews. "Generation Stress: The Mental Health Crisis on Campus." *Foreign Affairs* 97.6 (2018): 150-157. 26 January 2019.

College Board Research. "Trends in Community Colleges: Enrollment, Prices, Student Debt, and Completion." (2016). 28 January 2019. .

Eisenberg, Daniel, Ezra Golberstein and Justin Hunt. "Mental Health and Academic Success in College." *B.E. Journal of Economic Analysis & Policy* (2009): 1-40. 30 January 2019. .

Holterman, Ally. *Health News*. 25 August 2016. 26 January 2019. .

Michael, Mason J., Nikola Zaharakis and Eric G. Benotsch. "Social Networks, Substance Use, and Mental Health in College Students." *Journal of American College Health* 62.7 (n.d.). 28 January 2019. .